

Presented by:
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0:00 Introduction

0:23 Consensus Statements

- Sideline Preparedness
- Team Physician

Developed in collaboration by six major Professional Associations

1:05 Consensus Statements (cont)

AOSSM, ACSM, AMSSM, AAOS, AAFP, AOASM

1:30 Consensus Statement on Sideline Preparedness for the Team Physician

www.acsm.org/pdf/sideprep.pdf

1:51 Team Physician Consensus Statements:

A Decade of Work

- Selected Issues for the Adolescent Athlete
- Selected Issues in Injury and Illness Prevention
- Psychological Issues Related to Injury in Athletes
- Concussion (Mild Traumatic Brain Injury)
- Female Athlete Issues
- Sideline Preparedness
- Team Physician Consensus Statement
- Conditioning of Athletes for Sports

2:18 Team Physician

•Objective: To provide physicians, school administrators, team owners, the general public and individuals responsible for ... medical care... with guidelines for choosing a qualified team physician and an outline of the duties expected of a team physician.

2:47 Team Physician

•Goal: To ensure that athletes and teams are provided the very best medical care

- www.sportsmed.org/Media/Consensus.htm

2:57 Sideline Preparedness for the Team Physician:

A Consensus Statement

•Definition: The identification of and planning for medical services to promote the safety of the athlete, to limit injury, and to provide medical care at the site of practice or competition.

- Med Sci Sport Exerc 2001;33(5):846-849.

3:21 Medical Coverage of Games and Events: What's in the bag and on the Sidelines?"

- David E. Olsen, M.D.

- Presented at TPC, 2009, Orlando, Florida

American College of Sports Medicine Expert Panel: Sideline Preparedness for the Team Physician: A Consensus Statement, 2004.

Daniels J, Kary J, Lane J: Optimizing the Sideline Medical Bag. Phys Sportsmed Vol. 333, No. 12, 12/2005

Sideline Preparedness for the Team Physician: Consensus Statement. Med Sci Sports Exerc 2001;33(5):846-849.

3:56 Team Physician Equipment
The Medicine Bag

4:27 Team Physician Equipment
Medications & Sideline/locker-room equipment

5:42 Pictures of sideline

6:24 "Sideline and Event Management" in Current Sports Medicine Reports 1(3);June, 2002.

6:48 Hank Gathers collapses in the middle of the court

19:26 Chucky Mullis paralyzation

10:31 Olympic Sports Festival

11:29 Difference in physicians and athletes

11:46 20yr old Roller Hockey Athlete
Skated into an open door Fractured left tibia

12:32 Closed Reduction Post Op Picture

12:59 Minneapolis Olympics Festival Soccer incident

14:03 World University Games 1986
Duisburg Germany

15:45 Communication is Also A Challenge

17:42 Decision to Inject - Olympic Games Barcelona 1992
Last event of the Decathlon 'I have foot pain. I have to have another injection.'

20:12 Know What Drugs Your Athletes Are on

21:28 Anabolic Steroids

22:41 Be prepared, It Might Be Muddy

23:51 As Team Physicians on the Sidelines, we must:

- Educate players and coaches on field etiquette with injured player

24:08 As Team Physicians on the Sidelines, we must:

- Decide on reduction techniques
- Return to play

25:00 As Team Physicians on the Sidelines, we must:

- Be the athlete's Protector/Advocate
- Don't worry or lose sleep over your decisions on the sideline

25:28 As Team Physicians on the Sidelines, we should share our experiences, the more, the better

25:54 "you're always on call"