

Presented by:
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574 p1 Cases Knee Intern Arthroscopy 2015 Introduction

0:00 Introduction
0:35 Knee Arthroscopy Video
1:39 What is a Knee Effusion?
2:29 Hemarthrosis
3:34 Knee Dislocation
4:25 Osteotomies
5:26 OCD Then (Osteochondritis Dissecans)
6:08 Advances in Imaging
7:01 OCD Now

574 p2 Cases Knee Intern Arthroscopy 2015 Meniscal Tears

0:00 Introduction
0:30 Meniscus Function
1:00 Physical Exam
3:07 Normal Knee Exam Tests
5:48 Anatomy of the Leg (Perrin DH. The injured athlete, Philadelphia: Lippincott-Raven, 1999)
7:45 Diagnosis
9:22 Function
10:00 Cases
12:33 27 YO Male - Tore ACL
14:55 Principles of Meniscectomy
16:45 Classification of Meniscal Tears
17:27 Treatment of Meniscal Tears
18:33 Principles of Meniscus Repair
19:15 Posteromedial Approach of the Knee
21:20 Posterolateral Approach of the Knee
22:37 4 YO c/o "clunking" left knee
25:34 Discoid Meniscus
31:32 10 YO Male Injured Playing Soccer
33:37 Medial Meniscus Repair Technique
35:37 16 YO Male, Football Athlete
36:13 Physical Exam of Football Athlete
36:33 Plain Radiographs
37:02 MRI of Football Athlete
38:06 What Treatment? Repair vs. Resection
38:21 Arthroscopy: Adult pattern MMT, not repairable
39:26 Save the Meniscus!

574 p3 Cases Knee Intern Arthroscopy 2015 ACL & Meniscus Tears,
Osteochondral INJ
0:00 Introduction
0:23 12 YO Female- Injured right knee
0:55 MRI Scans
3:05 16 YO Male- PE and MRI: ACL, Medial & lateral Meniscus Tears
4:13 Medial Meniscus Video
8:56 Lateral Meniscus
10:29 22 YO- Acute Complete ACL Tear
14:21 23 YO Male- ACL and Lateral Meniscus Tear
16:13 23 YO Lateral Meniscus Video
17:03 42 YO- Complete ACL Tear
19:54 42 YO- Post op X-rays
20:02 26 YO Male- Left Knee Injury
20:48 26 YO Male Physical Exam
20:56 Plain radiographs
21:13 Clinical Impression
21:23 Arthroscopy Probing Video
23:07 What Treatment? Repair vs Resection
23:12 Arthroscopy LMT Repair Video
23:39 Post op Radiographs
23:48 Removal of Loose Body Video
25:53 Know How to Examine Knees
27:01 ACL Reconstruction: Double Bundle 2006
27:37 Conclusions